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--nach dem Heilpraktiker Gesetz--

Kinder-, Jugend,-und
Erwachsenen-Psychotherapie
Reflexintegration



Questionnaire for pregnancy, childbirth, child development and the current situation

| 1. Did you have health or personal problems during pregnancy? | yes | no |
|--|-----|----|
| 2. Did you have a long duration of bed-rest during pregnancy? | yes | no |
| 3. Were there any difficulties during the birth (forceps used, ventouse, umbilical cord around the baby's neck)? | yes | no |
| 4. Was your child born prematurely? | yes | no |
| 5. Did you have an emergency C-section? | yes | no |
| 6. Did you have an elective C section? | yes | no |
| 7. Was your labor unusually long or short? | yes | no |
| 8. Were there any labor inducing or contraction inhibiting actions during your baby's birth? | yes | no |
| 9. Was your baby born breech? | yes | no |
| 10. Did your child lie on his/her back alot in the first few months? | yes | no |
| 11. Does your child often stand with his/her feet turned in? | yes | no |
| 12. Is your child overly sensitive to noise? | yes | no |
| 13. Is your child overly sensitive to light or brightness? | yes | no |
| 14. Is your child overly sensitive to physical contact? | yes | no |
| 15. Is your child more anxious than normal? | yes | no |
| 16. Does your child suffer separation anxiety? | yes | no |
| 17. Does your child struggle with spelling tests? | yes | no |
| 18. Is your child afraid of going to school (abdominal pain, anxiety, etc.) | yes | no |
| 19. Does your child suffer with neck pain? | yes | no |
| 20. Is it hard for your child to clench his/her fist? | yes | no |
| 21. Does your child hold a pencil with a cramped hand? | yes | no |
| 22. When writing or painting, does your child make mouth movements or bite his/her teeth? | yes | no |
| 23. Does your child squeeze a pen hard while writing? | yes | no |
| 24. Does your child have little desire to write, or does your child fatigue quickly when writing? | yes | no |
| 25. If your child lies on his/her stomach and supports himself/herself with the forearms, raises his/her upper body and head, does he/she have clenched fists or open hands? | yes | no |



| 26. Does your child speak rather indistinctly? | yes | no |
|--|-----|----|
| 27. Does your child tend to walk on tiptoes? | yes | no |
| 28. Does your child consistently roll his/her toes under? | yes | no |
| 29. Does your child put on his/her socks and shoes in an awkward manner? | yes | no |
| 30. While sitting at the table, does your child often support his/her head with one or both hands? | yes | no |
| 31. Does your child stretch frequently while sitting (head back - legs forward)? | yes | no |
| 32. Does your child have balance problems? | yes | no |
| 33. Does your child have difficulty copying from the blackboard? | yes | no |
| 34. Does your child tend to work too slowly? | yes | no |
| 35. Does your child often ask questions, or often asks "what"? | yes | no |
| 36. Does he/she find it exhausting to copy items from the blackboard? | yes | no |
| 37. Does your child suffer motion sickness, for example while riding in a vehicle? | yes | no |
| 38. Does your child confuse letters such as b and d, or write in mirror writing? | yes | no |
| 39. Is your child bad at orientating him/herself in a room? | yes | no |
| 40. Does he/she have good verbal knowledge but can not transfer this knowledge to paper? | yes | no |
| 41. Does your child have difficulty writing (especially in cursive)? | yes | no |
| 42. When writing, does your child hold the paper at a 90 ° angle in front of him/her? | yes | no |
| 43. Does he/she have difficulty in spelling, grammar or arithmetic? | yes | no |
| 44. Does your child often leave out letters or words while reading? | yes | no |
| 45. Is your child easily irritated, or become angry easily? | yes | no |
| 46. Does your child find it difficult to keep inside the lines while writing? | yes | no |
| 47. Does your child have difficulty reading? (too slow / lacks reading comprehension) | yes | no |
| 48. Does your child have an abnormal gait? | yes | no |
| 49. Was your child a bed-wetter over the age of 5 years? | yes | no |
| 50. Does your child not like any tight-fitting clothing? | yes | no |
| 51. Does your child often seem disorganized and often forget things? | yes | no |
| 52. Does your child seem to be too talkative, or speak too much? | yes | no |
| | | |



| 53. Did your child crawl? | yes no |
|--|--------|
| 54. Does your child like to sit on one or both feet? | yes no |
| 55. When writing, does your child wrap his/her leg around the chair legs? | |
| 56. Does your child have trouble catching a ball? | , |
| | yes no |
| 57. Does your child have problems learning to swim, especially the breaststroke? | yes no |
| 58. Does your child often look mistrustful (head goes down, look goes from the bottom up)? | yes no |
| 59. Does your child often look down their nose at people? | yes no |
| 60. Does your child have difficulty sitting still for long periods of time? | yes no |
| 61. Does your child have difficulty learning? | yes no |
| 62. Does your child copy things too slowly down from the blackboard? | yes no |
| 63. Does your child tire quickly while reading? | yes no |
| 64. Does your child love routine? | yes no |
| 65. ls your child easily distracted? | yes no |
| 66. Does your child suffer from asthma, allergies or frequent infections? | yes no |
| 67. Does your child like to escape to a fantasy world? | yes no |
| 68. Does your child frequently cut themselves in the world | yes no |
| 69. ls your child often whiny? | yes no |
| 70. Is it hard for your child to focus? | yes no |
| 71. Did your child wear braces or does he/she wear braces? | yes no |
| 72. Does your child have a maloccludion (over bit or under bite) | yes no |
| 73. Does your child salivate excessively? | yes no |
| 74. Did your child suck his/her thumb for a long period? | yes no |

Also discuss this questionnaire with your child's Teacher.

More than 7 "yes" answers, get tested by RIT trainer / RIT coach to see if their reflexes are active. This may be responsible for your child's learning and behavioral problems.

www.rit-reflexintegration.de